



Assignment - Relating to Others

Level 2 Certificate in Counselling Skills

Devon and Cornwall Counselling Hub

Target length: 1,500/2,000 words

This assignment should explore the ways in which you relate to others and include barriers and difficulties in relating. Also your motivation for helping others and what you bring to the role. The type of issues you may find useful to explore could be:

- Why do I want to help others?
- Why do others come to me for help?
- How do I form relationships with others – friends, family and others?
- How do I assess my relationship skills?
- What qualities do I have that I can develop?
- Do I have specific blocks in listening to some people?
- Have I identified some of my prejudices and stereotyped views?
- What do I need from my relationships?

Tutor Feedback

Learner Name

Tutor Signature

Date

Learner Comments/Reflections on Tutor Feedback

Learner Signature

Date