

**Peer Case Study Assignment**

Level 4 Diploma in Therapeutic Counselling

Devon and Cornwall Counselling Hub

**Assignment Brief**

In this assignment you are required to:-

1. **Explain how you worked with an Integrative Approach to help your client with their problem(s)**
2. **Make reference to The Connections Model and explain how it informed your choice of intervention**
3. **Evaluate your practice over the three sessions with your peer/client**

You need to make sure that you cover each of the above in order to pass the assignment. Your assignment should the criteria shown below and clearly show where you think you have met the criteria in your work.

6.1.1, 6.1.2, 6.1.4, 6.2.1

You need to hand in the assignment with this cover sheet.

You should reference the assignment using Harvard referencing and include at least three separate references during your work.

The word count for this assignment is 1500.

Candidate Name ……………………………………………………………….……….

I declare that this assignment is my own work and that I have correctly acknowledged the work of others.

Candidate Signature ..............................................................

Date ..............................................................

**Assignment Guidance Notes**

You may find these guidance notes helpful when completing the assignment.

For each of the points in the assignment brief, make sure you have a good understanding of the verbs used so that you are doing what is asked. For example, in point **a)** you are asked to explain so make sure you include an explanation in your work.

You can refer to the QCF Assessment hand out to check what the verbs mean.

1. **Explain how you worked with an Integrative Approach to help your client with their problem(s)**

You could write about the problems your client brought to the sessions and consider what theories/interventions you thought might be useful to help the client with their problem

1. **Make reference to The Connections Model and explain how it informed your choice of intervention**

You could explain how The Connections Model led you towards a particular theory or way of working and why. Link this to the problems you explained in part a.

1. **Evaluate your practice over the three sessions with your peer/client**

Evaluate, means examine the strengths and weaknesses and look at the issue from different perspectives. So, think about the work you did and write about what went well, what didn’t go so well and what you might do differently if you could do the work again.